

GGA- Year 3 PE Knowledge Organiser – OAA

Vocabulary

Maps	Scale
Diagrams	Symbols
Orienteering	Challenges
Controls	Problem solving
Lead	Follow
Trust	Plan

Skills that I am going to learn.

To work with others to solve problems.

To lead others and be led.

To differentiate between when a task is competitive and when it is collaborative.

Why are we learning this?

To develop a range of skills not always associated with physical activity. As well as movement OAA focusses on communication, reading and problem solving as well as working together.

Why is it important?

Outdoor education fosters an environment that promotes a positive state of health. Social skills may also be developed through outdoor education as interaction between individuals, other teams and the teacher is a key feature.

The Rules of Orienteering

Like all sports, certain rules must be followed.

Fairness – a sporting attitude and a spirit of comradeship and honesty

Nature of orienteering – no outside help; yet provide appropriate assistance if one is injured or honestly lost

Environmental protection – take care of the land you are on, obeying common sense rules and following posted signs



GGA- Year 3 PE Summer Term– Athletics

Vocabulary

Run	Agility
Jump	Power
Throw	Speed
Track	Curve
Force	Accelerate
Distance	Hurdles
Foam javelins	Vortex howler
	Bounce

Skills that I am going to learn.

Control movements and body actions in response to specific instructions.

Demonstrate agility and speed.

Jump for height and distance with control and balance.

Throw with speed and power and apply appropriate force.

Why are we learning this?

To learn a variety of techniques to improve physical literacy. Running, jumping, throwing within a controlled environment designed to aid and develop technique and control.

Why is it important?

It supports all aspects of physical control and growth. To develop physical fitness and technique which in turn supports all aspects of life as children develop and grow.



Vocabulary

Batting	Boundary
Fielding	Run
Bowling	Batsman
Bat	Bowler
Wicket	Wicket keeper
Stumps	Field
Ball	Innings
Crease	

Skills that I am going to learn.

To understand some of the basic rules, terminology and positions in cricket.

To develop a range of skills to use in isolation and in a competitive context.

To use basic skills with more consistency including striking a bowled ball.

To improve on the basics of throwing, catching and hitting.

Why are we learning this?

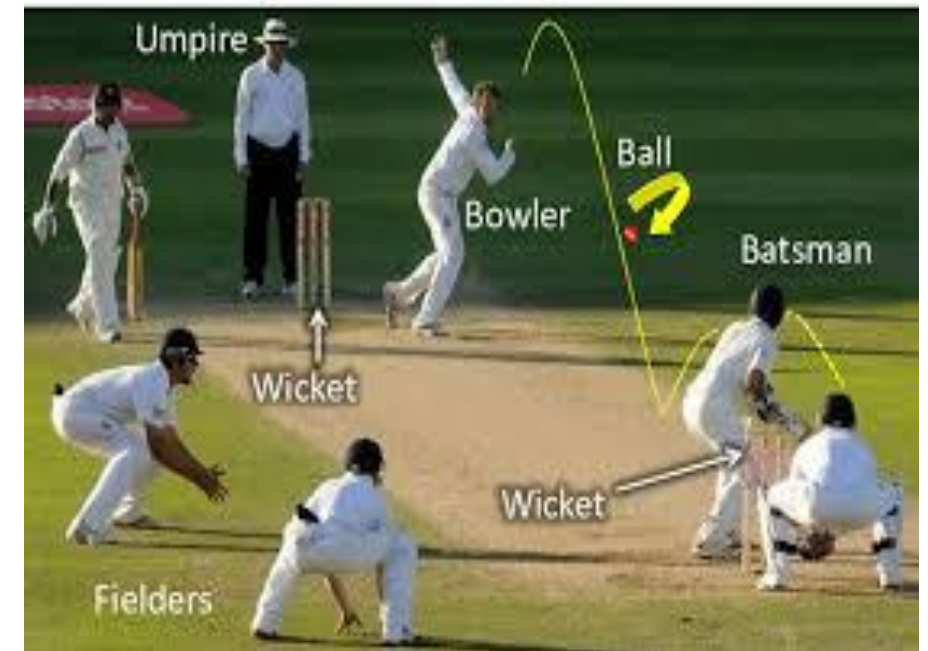
To develop hand eye co-ordination. To improve ball skills such as throwing and catching, hitting and running.

Why is it important?

These basic dexterity skills help with physical development of children. To support physical fitness and the basic understanding of the game.



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GGA- Year 3 PE Summer Term – Tennis

Vocabulary

Hit	Forehand
Return	Backhand
Court	Bounce
Score	Points
Net	Underarm
Tactics	Overarm

Why are we learning this?

To be able to learn simple techniques such as hitting and returning the tennis ball which will help our hand-eye co-ordination. To develop our understanding of the basic rules of the game of tennis.

Why is it important?

Tennis is a sport that requires alertness, focus, and problem solving skills, as well as strategic and tactical thinking. For students who regularly play this sport, they are not just working out their muscles, but also their minds.

Skills that I am going to learn.

To identify and describe some rules of tennis.

To serve to begin a game.

To explore forehand hitting.

To experience different types of hitting with their hand and racquets.



GGA- Year 3 PE Summer Term – Rounders

Vocabulary

Bases	Bowler
Ball	Elder
Run	Innings
Batter	No ball
Batting box	Rounders
Backstop	Half Rounders

Skills that I am going to learn.

To identify and describe some rules of Rounders.

To be able to play simple Rounders games.

To develop and use simple Rounders skill.

To apply some rules to games.

Why are we learning this?

To help develop our basic understanding of the rules of the game.
To learn some of the basic skills involved such as batting and bowling.

Why is it important?

Playing, masters fundamental movement skills
With batting, striking, running and catching. Rounders permits pupils to read their environment and make appropriate decisions, allowing them to move confidently and with control in a wide range of physical activity situations.

