GGA- Cooking Knowledge Organiser for Year Three – Spring Term- Pizza

Vocabulary			Skills that I am going to learn.			
Vitamins and	Essential for the health	•	Food Groups		et and dry ingredients ly to form a dough	Identify foods using senses
Minerals	functioning of our body.		I know why fruit & Vegetables and Dairy is important for my body.	I can add t	the correct amount	I can identify basil and garlic through the smell.
Calcium	Help form and develop healthy teeth and bones.		body.	of liquid	to form a dough.	
Basil	A herb often used in Mediterranean dishe		Understand cuisine from around the world.	1		
Garlic	A strong-smelling pungent- tasting bulb, used as a flavouring in cooking.		I can name traditional Italian recipes and ingredients.			Prepare and Arrange the food.
Yeast	Helps the dough to rise it light and airy.	e making		Useful	Information	I can prepare and arrange my own pizza toppings.
					https://www.bbcg oodfood.com/reci pes/pizza- margherita-4-easy- steps	
Why are we learning this? Why		is this important?	Recipe			
			Links to our school ethos of celebrating cultural diversity.			