

GGA – PSHE Year 2 Autumn Term

Relationships

I know what bullying is and how to stop it.



I know how to help others.



Myself

I know the difference between a secret and a surprise and when secrets need to be shared.



My World

I know how disease is spread and controlled.



Feelings

I know what the feeling of worry is.



Keeping Safe and Healthy

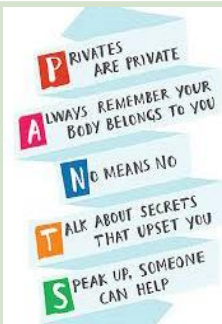
I know how to keep myself clean.



I can be safe in different situations.



I know the PANTS rule, including the difference between good and bad touch.



Why are we learning this?

To know how to keep myself safe, clean and healthy.

To know about the feeling of worry and that it is ok.

Why is it important?

So we understand how to keep ourselves safe, clean and healthy.

So we understand what we are feeling and how we can ask for help, but to also know that it is ok to feel worried.

Key Vocabulary and definitions

Disease	Sickness that spreads.
Hygiene	Keeping clean to stay healthy.
Anti-bullying	Acting against bullying.
Safe	Free from harm or danger.
Healthy	Being sound and well; not sick.
Worry	To feel or express great concern.