

# GGA-PSHE Knowledge Organiser for Year 3

## Relationships

I know what bullying is and how I can help.

I know who can help me in different situations.



I know how to show the values.

## Myself

I know what I am responsible for.



I know what I am good at and can share that with others.



I can make improvements to myself.

I know why it is good to be me.

I know the difference between right and wrong.



## My World

I know what poverty is and how I can help.



I know what stealing is and why it is wrong.

## Keeping Safe and Healthy

I know how to brush my teeth properly.



I know how to use computers safely, including the internet.



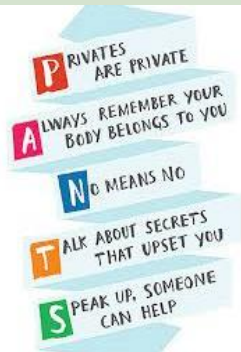
I know the PANTS rule, including the difference between good and bad touch.



I know how and when to call the emergency services.



I know how to take medicine safely.



## Feelings

I know what anger is and what I can do to help.



Breathe.  
Count to 10.  
Talk to someone.  
Take time out.  
Listen to music.

I know what grief is and what I can do to help myself.



Talk to someone.  
Make a memory box.  
Take time out.

## Why are we learning this?

To know how to help others in different situations.

To know how to keep myself safe.

To know that it is good to be me and make improvements.

## Why is it important?

So we understand how to make a difference to the lives of others.

So we understand how to keep ourselves safe.

So we understand that we are who we are and that is good, and that we can improve on our own things.

## Key Vocabulary and Definitions

Poverty	The state of being extremely poor.
Difference	A way in which things are different.
Decision	A final choice made after thinking.
Medicine	A treatment to prevent disease.
Importance	Something of great value.
Cure	Relief of symptoms of a disease.
Danger	Possibility of suffering harm or injury.
Grief	Feeling caused by losing someone or something you love very much.
Unique	Being one of a kind, like no one else.
Weakness	A disadvantage or fault.
Stealing	Take something without permission.