GGA - Knowledge Organiser for Year 1 – Spring Term– Multi-skills (send and receive)

New Key Vocabulary		
Hit	Collect	
Net	Strike	
Bowl	Feed	
Pick up	Batter	
Hitter	Forehand	
Backhand	Court	
Bat	Return	
Ball		

Recapped Key Vocabulary		
Stop	Throw	
Catch	Roll	
Send		



Why are we learning this?

To know how to build confidence sending and receiving different sized balls using hands or a bat.

Why is it important?

So we can play sending and receiving games using bats, balls and markers.

Skills that I am going to learn

I can move towards a moving ball to return.

I can master basic running movements in different directions

I can send and return using different balls.



GGA - Knowledge Organiser for Year 1 - Spring Term- Dance and Gymnastics

New Key Vocabulary		
Compose	Select	
Emotions	Canon	
Rhyme	Theme	
Character	Round	
Respond	Spin	
Rock		



Recapped Key Vocabulary			
Balance	Actions	Body tension	
Carry	Slow	Control	
Extension	Fast	Hang	
Jump	High	Like	
Link	Low	Movement	
Muscle	Feet	Pattern	
Relaxation	Curl	Roll	
Sequence	Beat	Shape	
Speed	Stretch	Strength	
Timing	Music	Travel	
Dance	Step	Twist	
Turn	Rhythm		

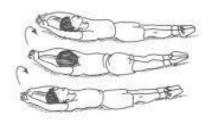
Skills that I am going to learn

I can start to link simple movement patterns from actions when instructed.

I can apply strength to gymnastic actions

I can start to create my own simple movement patterns.

I can respond to a range of stimuli and music





Why are we learning this?

To know how to:

- Perform different gymnastic actions and movement patterns with confidence and control.
- Respond to instructions that involve canon and level.

Why is it important?

So we can begin to perform and experiment when we use gymnastic actions to create different movement patterns to music.